

## FROM THE RAMUS TEAM

Welcome to the September 2022 *RAMUS* Newsletter.

In this newsletter you will find:

- highlights of the August issue of the Australian Journal of Rural Health (AJRH)
- how to nominate your mentor for the RAMUS Mentor of the Year Award.

The next RAMUS newsletter will be published in December. Contributions (including photos) are encouraged. Please email your contribution to me at [janine@ruralhealth.org.au](mailto:janine@ruralhealth.org.au) by 30 November 2022.

We would appreciate hearing from scholars, mentors and alumni about the impact COVID-19 had on your studies, placements or clinical work. Send your experiences to [ramus@ruralhealth.org.au](mailto:ramus@ruralhealth.org.au) and advise if you give permission for it to be published in the Alliance's online magazine, Partyline - [www.ruralhealth.org.au/partyline](http://www.ruralhealth.org.au/partyline).

I also encourage you to take a closer look at the National Rural Health Alliance's website: [ruralhealth.org.au](http://ruralhealth.org.au). It is a major resource for up-to-date and detailed policy information on the health issues that impact people in rural and remote Australia. Management of RAMUS on behalf of the Australian Government is just one of the things the Alliance does. You can find some of those other activities by browsing the website.

I hope your studies are going well in 2022.

Kind regards

Janine

## END OF YEAR ACQUITTAL REQUIREMENTS

End of year acquittal requirements will be emailed in November. If you have recently changed your email address, please contact Janine so that contact details can be updated. Alternatively, you can make changes to your details yourself

[http://ramus.ruralhealth.org.au/contact/update\\_details](http://ramus.ruralhealth.org.au/contact/update_details)

## RAMUS ON FACEBOOK

Have you joined the RAMUS Facebook group?

The group shares current RAMUS news and gives you the opportunity to communicate with the RAMUS team as well as other RAMUS scholars, mentors and alumni.

To join the RAMUS Facebook group, go to:

[www.facebook.com/groups/348490061904468](https://www.facebook.com/groups/348490061904468)



## 2022 RAMUS MENTOR AWARDS

### Nominations are now open for the 2022 RAMUS Mentor of the Year Awards.

Do you have a mentor who has inspired you, is a role model and a valued source of encouragement and advice? If so, you can acknowledge them and show your appreciation by nominating them for a 2022 Mentor Award.

To nominate a mentor please send a statement, 400 words or less, outlining your reasons for the nomination and the contribution that your mentor has made.

Please include a photo of your mentor or a photo of yourself with your mentor along with your nomination and email to [ramus@ruralhealth.org.au](mailto:ramus@ruralhealth.org.au) by **31 December 2022**.

## Australian Journal of Rural Health

RAMUS scholars have free online access to the *Australian Journal of Rural Health (AJRH)*.

Please contact RAMUS for access.



The latest edition of the *Australian Journal of Rural Health (AJRH)* has been published.

Original research articles in the August 2022 edition include:

- Low back pain presentations to rural, regional, and metropolitan emergency departments.

- Intuitive eating is positively associated with indicators of physical and mental health among rural Australian adults.
- Impact of the COVID-19 pandemic on medical student placements in rural Queensland: A survey study.
- Cardiac rehabilitation in rural and remote areas of North Queensland: How well are we doing?
- Geographic variation in referral practices for patients with suspected head and neck cancer: A survey of general practitioners using a clinical vignette.
- Giving birth in the Murrumbidgee region: A quantitative and qualitative approach to general practice obstetrics in a rural region.
- Contemporary Australian socio-cultural factors and their influence on medical student rural career intent.

AJRH has also announced a forthcoming Special Issue : Children and young people's (ages 0–24) health and wellbeing in rural and remote communities.

This special issue calls for papers to explore how children and young people are faring in rural and remote communities and what their experiences of health and wellbeing are.

It invites submissions relating to different population groups, and particular health and wellbeing challenges such as the impacts of climate change, COVID-19, mental health, substance misuse, chronic illness, child protection, out-of-home care, access to services, education and sports.

The submission deadline is 1 November 2022.

Articles featured in the special issue will be set as 'free to read' for a promotional period. Australian or New Zealand researchers may be eligible to publish articles as Open Access with no transactional charges.

You don't have to wait to get the latest research from the Australian Journal of Rural Health. [Early View](#) on the Wiley Online Library website allows

access to the online version of record before inclusion in an issue.

You can access the full content of all articles through your university library or contact us for details of how to use the RAMUS scholar [portal](#).

AJRH is now on [Twitter](#) so you can follow the Journal to see the latest news about articles and stay in touch with discussions around research developments.

## FRIENDS OF THE ALLIANCE

**Friends** are a diverse group of people who want to influence and support rural and remote health services, policies and programs.

**Friends** believe that, wherever you live, everyone should have access to high quality and comprehensive health services that meet your needs. They are committed to the health and wellbeing of the seven-million people in rural and remote Australia. They want good health outcomes for everyone.

The benefits for **Friends** include:

- **Friends**-only input to the Alliance's policies and activities, through timely, targeted requests from the Council and staff team
- an invitation to join the discussions and sharing in the Friends Facebook group
- discounted invitations to Alliance professional development opportunities including the biennial [National Rural Health Conference](#)
- the opportunity to nominate for the [Friends Advisory Committee](#) to represent the views of **Friends** to the Alliance
- complimentary subscription to the [Australian Journal of Rural Health](#) for individual members
- free webinar registration and access to recordings
- email notifications of all opportunities exclusive to **Friends**.

**How do I join?** Students are encouraged to join Friends – the student rate is just \$22.00. For more information or to join go to:

[www.ruralhealth.org.au/joinfriends](http://www.ruralhealth.org.au/joinfriends)

## INDEMNITY AND INSURANCE

As a RAMUS scholar, it is your responsibility to ensure that you have the appropriate indemnity insurance cover if you are undertaking supervised clinical activity as part of your RAMUS-related rural activities; such as during visits to or placements with your RAMUS mentor.

You may be asked by medical practices or health services to provide evidence of your indemnity insurance cover.

Don't assume that your RAMUS rural activities are automatically covered by your university's indemnity and insurance arrangements for medical students. You should check whether the planned activities are included in your university indemnity insurance cover. Those that do not form part of your formal university course and curriculum requirements may not be covered.

You can consider joining a medical defence organisation (MDO) that provides medical indemnity insurance. Several MDOs offer special packages for medical students for free or at low cost.



National  
Rural Health  
Alliance

RAMUS is managed by the National Rural Health Alliance on behalf of the Australian Government

[www.ruralhealth.org.au](http://www.ruralhealth.org.au)